

Spiritual Formation:

How do traditional values in native cultures impact who you are? “It is not the events of history of today, but how those events impact who you are spiritually, intellectually, and culturally that define their importance.”  
-Ray Buckley

Where are you on the path as it stretches before you? Will it be straight, narrow or wide as we journey toward 7 generations.

**Native Moccasins Rock is rocking with 25 years** of a powerful weekend- more than a good time; it is a powerfully good time. This is a milestone – to reach 25 years with the ups and downs of challenges.

Through the years, we have been committed to bringing leadership top in their fields to Mocs Rock. We use the phrase ‘understanding through education’ every year. We acknowledge the past, examine our present and look to the future.

We encourage you to join some of the sessions that are not ‘make and take’. They are all good! Our leadership provides great learning tools that you can take with you and share. YOU join us on the journey.

FRIDAY NIGHT AT 7:30 pm

Walk to the lake in remembrance of our murdered and missing indigenous women and girls-also known as MMIWP and MMIWR

Prayers will be set adrift on the lake. Wear Red.

This is a powerful praying time, afterwards a follow up of information and questions

Moccasins Rock

Is intergenerational

All ages are welcome as the journey continues. **PLEASE NOTE:** children under 12 shall have a parent/adult with their class activity. During breaks and free time, children and youth are the responsibility of the accompanying adult. We observe safe practices and your cooperation is most important.

**The Lake is NOT** open for swimming. Supervision will be by the accompanying adult and not the staff of Lake Benson or CONAM of the United Methodist Church.

**SMOKING is NOT allowed** in any building on the property. This affects their camp rating. DO NOT smoke in buildings. Walk away from any of the structures and please do not discard cigarette or tobacco products on the ground. E Cigs are also not allowed in the buildings. Please set an example for our children, youth and each other. **NO** alcoholic beverages are allowed. **NO** Weapons

**There are pictures online** if you would like to check out the camp.  
**Lakebenson.org**  
**6200 HWY 100 Bon Aqua TN 37025**

**REGISTRATION FORM Deadline:** August 10 for meals-call if needed.

**Late Registration: August 12 BUT we do take walk in registration!**

*Make check payable to:*  
TWK Conference UMC  
Contact Mary T for card payments or online registrations

Mail to: Native Moccasins Rock,  
Attn: Mary T Newman PO Box 4  
Ashland City, TN 37015  
**Questions:** Mary T (text if voice mail full)  
Contact: 615-308-4495  
[nativeamericantn@gmail.com](mailto:nativeamericantn@gmail.com)

MAIL IN:

Name: \_\_\_\_\_

Address: \_\_\_\_\_

Primary Phone: \_\_\_\_\_

Email: \_\_\_\_\_

\*Tribal Affiliation: \_\_\_\_\_

\*Denomination: \_\_\_\_\_

\*Not required but helpful for our grant writing

**Housing-Great Dorms:** Male \_Female \_\_\_\_

|                                         |         |       |
|-----------------------------------------|---------|-------|
| Weekend on site                         | \$90.00 | _____ |
| Weekend off site lodging                | \$55.00 | _____ |
| Friday MMIW w/meal                      | \$12.00 | _____ |
| Saturday only w/2 meals (2 workshops)   | \$60.00 | _____ |
| Saturday/Sunday w/lodging (3 workshops) | \$60.00 | _____ |
| Sat. dance. w/meal                      | \$12.00 | _____ |
| Sunday only 1 workshop                  | \$10.00 | ----- |
| Supply Fee see class                    | \$      | _____ |
| <b>Total</b>                            | \$      | _____ |

**Choose 3—choose a 4<sup>th</sup> as back up**

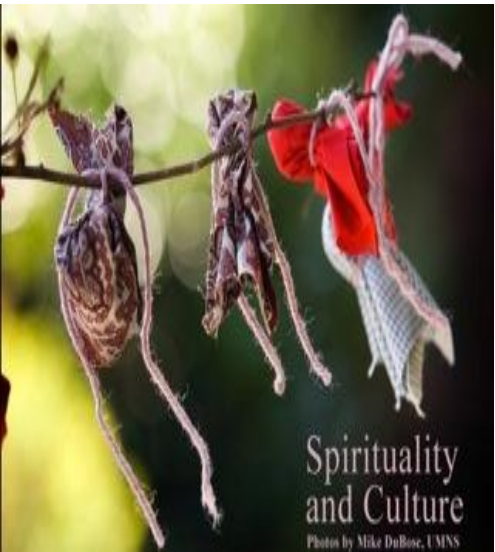
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Moccasinfootprints.org

Native Moccasins Rock  
25 Years

August 14-16, 2026

The waters were separated, and dry ground became good and holy. Our paths are laid out by the steps of our ancestors. Join us on the path we must trod. We journey forward-woven by the Spirit that pulls on our hearts and minds.



Sponsored by Native American Ministries of TN-Western KY UMC Conference



|                                 |                  |                     |
|---------------------------------|------------------|---------------------|
| <b>SCHEDULE</b>                 |                  |                     |
| <b>Friday - register</b>        | 3:30-6:00        | Lodge               |
| Dinner                          | 6:30-7:30        | Dining Hall         |
| MMIW                            | 7:45-9.00        | Lake & Dining Hall  |
| <b>Saturday</b>                 |                  |                     |
| Breakfast                       | 7:30-8:30        | Dining Hall         |
| Registration                    | 8:30-9:30        | Dining Hall         |
| <b>Orientation</b>              | 9:30-10:00       | Dining Hall         |
| Workshop 1                      | 10:15-12:00      | See Map             |
| Lunch                           | 12:15-1:15       | Dining Hall         |
| A Walk Thru Time                | 1:30-2:30        | Dining Hall         |
| Workshop 2                      | 2:45-4:30        | See Map             |
| Free Time                       | 4:30-5:50        | GYM                 |
| Dinner                          | 6:00-7:00        | Vendors Dining Hall |
| Mocs Rock                       | 7:15-10:00       | Dining Hall         |
| Sunday                          |                  |                     |
| Breakfast                       | 7:30-8:30        | Dining Hall         |
| Workshop 3                      | 9:00-10:45       | See Map             |
| Closing Circle                  | 11:15-12:00      | Dining Hall         |
| No politics, No drugs, No guns, | No foul language |                     |

### WORKSHOPS

**Becoming a good ancestor, Sharing stories, Seeds, and Skills in your garden—don’t lose the knowledge of medicinal plants passed down from our families!:** *Led by Charlotte Hagood*  
**Workshop 1 Sat. a.m.**

**Bible Study- Native sounds so Biblical—the Bible sounds so Native:** *Led by Cubert Bell and Goyo De la Cruz*  
**Workshop 1 Sat. a.m.**

**Native History Association-have you driven by Native History in Tennessee and not realized it?:** *Led by Toye Heape (Toye was at our FIRST one)*  
**Workshop 1 Sat. a.m. & 2 Sat. p.m.**

**Language-How do we sound so different and what are we losing? Around the world – a language a day is disappearing.** *Led by native speakers*  
**Workshop 2 Sat. p.m.**

**Boarding Schools: TBA Heartbreak, tragedy, historical trauma, they compound our need to understand.**  
**Workshop 3 Sun. a.m.**

**Women’s Potlach-***Led by Mary T*  
*A time for women to take a deep breath and know that our connections run deep as women.-*  
**Workshop 2 Sat. p.m.**

**Flute:** *Led by Grady Jones*  
*Some ‘loaner” flutes available*  
**Workshop 1 Sat a.m.**  
**Workshop 2 Sat. p.m.**

**Genealogy Explore your past, your roots:** *Led by Margie Hesson*  
*Bring your stories*  
**Workshop 2 Sat. p.m.**

You are encouraged to bring your regalia

**Pine Needle earrings or medallion:**  
*Led by Beckee Garris*  
**Workshop 1 Sat. a.m. (limited to 10) \$10 fee**

**Pottery:** *Led by Beckee Garris* Indigenous Clay and tools provided. (limited to 10) **Workshop 3 Sun. a.m. \$12 fee**

**Flintknapping:** *Led by Buddy Hayes*  
**Workshop 1 Sat. a.m.\*no children under 12.**

**Cordage** (braided plant fiber): *Led by Buddy Hayes*  
**Workshop 2 Sat. p.m.**

**Loom Bead bracelet:** *Led by Margie Hesson (limit to 6)*  
**Workshop 3 Sun. a.m.**

**Understanding the Medicine Wheel-it’s not just about colors:** *Led by Debbie Fitzhugh.*  
**Workshop 3 Sun. p.m.**

**Hand Drum:** *Led by Jeffery Hobbs*  
Learn a song, understand the drum  
**Workshop 3 Sun. a.m.**

**Ah Shucks! Corn Shuck dolls for ALL-**  
*Led by Charlotte Hagood*  
Anyone can make a corn shuck creation!  
**Workshop 2 Sat. p.m.**

**Paper Weaving:** *Led by Loretta Bolden*  
Suitable for framing-using traditional designs  
**Workshop 3 Sun. p.m.**

**History and uses of pelts:** *Led by Larry Davis*  
Larry is a very good tanner and will bring Furs, etc.  
**Workshop 1 Sat. a.m. Workshop 2 Sunday a.m.**

Children 12 and under:  
Workshop 3: Sun. a.m. Pony bead bonanza  
Workshop 2: Sat. p.m. Corn Shuck Dolls  
Workshop 1: Sat. a.m. Art Contest

**Unconfirmed – will update – rivercane matt class**

**\*\*EXTRA INFO\*\***

We will have safety/health protocols in place.

**A Walk thru 25 years and Water Ceremony after lunch** is for everyone in the dining hall. Please attend.

**During scheduled times PLEASE do not walk around on the grounds or stay in the dorms.** That is for Free Time. Our leadership are generous of their time and knowledge.  
\*There will also be workshops in the dorm meeting areas and pavilions.

Please notify Mary T of medications as we will have a nurse on grounds.

**At meals, seconds on food have to be after everyone is served.**  
Please advise of allergies; we will try for gluten free if possible. \*\*\*note it on your registration

**Elders in line first!** Saturday night, dancers needed to dress out, in line, then elders.

Remember to ask to take pictures of someone whether in regalia or not. \*\*We will announce if there are times to refrain from video, etc

The vendors are from our leadership. \*They may or may not accept credit/debit cards.

Charlotte is going to have a seed swap during free time!!  
Bring your heirloom seeds or unused packets of seeds!

For those who are not familiar with this, money is thrown on a blanket during the blanket dance. We will announce this at Mocs Rock.

**check out:**  
United Methodist Works to Preserve Native American Heritage - YouTube