

## Unity Run/Walk

Running has always been an important part of life for *Native* **People**, not only for hunting or carrying messages to other villages. Running has deep roots in Spiritual traditions for Native People, it keeps us healthy and in balance with the world around us. More importantly, it promotes a spiritual connectedness with the Creator God.

The Unity Run will encourage each of us to remember our rich heritage and to take pride in each others' gifts by teaching the tribal language, history and culture. We will revive our traditions for this day and all the days to follow.

**Runners** will offer prayers as they sacrifice their bodies, energy and time in making this journey for family, friends and community. We are still here and will continue to be here for all future generations.

## WE INVITE YOU TO JOIN US

FRIDAY, OCTOBER 3<sup>RD</sup>

LOCATION: THE NANTICOKE INDIAN CENTER

SPAGHETTI DINNER 5:00 P.M. TO 7:00 P.M.

COME CARB LOAD AND ENJOY FELLOWSHIP WITH OTHER PARTICIPANTS

SATURDAY, OCTOBER 4TH

LOCATION: STARTS AND ENDS AT THE NANTICOKE INDIAN CENTER

REGISTRATION 8:00 A.M. TO 8:45 A.M.

**OPENING CEREMONY 8:45 A.M.** 

RUNNERS START TIME 9:00 A.M.

WALKERS START TIME 9:15 A.M.

SUNDAY, OCTOBER 5<sup>TH</sup>

INDIAN MISSION ANNUAL HOME COMING SERVICE 11:00 A.M.

LOCATION: INDIAN MISSION UNITED METHODIST CHURCH

Pre-register for 5K Unity Run/Walk

Send Registration form to: Unity Run, c/o Ragghi Calentine

33164 Lighthouse Road, Selbyville, DE 19975

Email: Ragghirain@gmail.com or Nncarmine@gmail.com

Phone (302) 841-2449 or (302) 593-7237

The Nanticoke Indian Center 27073 John J. Williams Highway

Millsboro, Delaware 19966 **Phone** (302) 945-3400

RSVP is requested by September 28, 2014 for Dinner on October 3, 2014